

I'm not a robot 
reCAPTCHA

Continue

Calcaneus varus deformity

Department of Orthopaedic Surgery, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok, ThailandThe articles of Thos HarroongrojDepartment of Orthopaedic Surgery, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok, ThailandTuffin articles by Akegapon TangmanasakulDepartment of Orthopaedic Surgery, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok, ThailandFacilities by Nattapol ChourasiranDepartment of Orthopaedic Surgery, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok, ThailandRetas by Narumol SudjaipanDepartment of Orthopaedic Surgery, Faculty of Medicine, Mahidol University, Bangkok, ThailandRetassed by Narumol SudjaipanDepartment of Orthopaedic Surgery, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok, ThailandThe articles of Thos HarroongrojAuthor information Copyright and License information DisclaimerCopyright: © Indian Journal of OrthopaedicsThis is an open access article distributed under the terms of the Creative Commons Attribution-Noncommercial-Share Alike 3.0 Unported, which allows unrestricted use, distribution and reproduction in any medium, provided the work is correctly cited. The medial displaced posterior calcaneal tuber creates varus deformation of an intraarticular calcaneal fracture. The fracture involves the posterior calcaneal facet and the calcaneal body so we developed a measurement technique representing the angle between the posterior facet and the long calcaneus axis using the lateral malleolus and longitudinal bone trabeculae of the posterior calcaneal tubercle as references to obtain the angle of calcaneal varus.52 calcaneal x-rays of calcaneal view. The angles between the posterior facet and the long axis of calcaneus were measured using measures 1 and 2. Measurement angle 1, as a gold standard, was obtained from a long axis and posterior facet of the calcaneus, while Measure 2 was obtained from a line, perpendicular to the upper curve of the lateral cortex of the lateral malleolus and a line parallel to the longitudinal trabeculae of the posterior calcaneal bone. No more than 3 degrees difference in the angle of the two measures was accepted. The reliability of Measure 2 has been statistically tested. Measurement angles 1 and 2 were $90.04^\circ \pm 4.00^\circ$ and $90.58^\circ \pm 3.78^\circ$. The average of the different degrees of the two measurements was $0.54^\circ \pm 2.31^\circ$ with 95% confidence interval: 0.10° - 1.88° . Statistical analysis of Measures 1 and 2 showed more than 0.75 OF the CCI and 0.826 of the Pearson correlation coefficient. Measurement technique 2 using lateral malleolus and longitudinal posterior calcaneal tuber bone trabeculae as references has a strong reliability to represent the angle between the long axis and the posterior facet of calcaneus to reach the calcaneal varus angle. Keywords: Intraarticular calcaneal fracture, Lateral malleolus, longitudinal bone trabeculae, posterior calcaneal, posterior calcaneal facetKeywords: Ankle fractures, X-rays, posterior calcaneal tubercle moved bone from intraarticular calcaneal fracture creates a calcaneus deformation.1,2 Deformation will cause the ankle and back foot to malfunction. Preoperative evaluations of postoperative calcaneal varus are required for fracture treatment. Axial sight x-ray is routinely taken in a calcaneal rupture. However, the tibial or fibular shaft is not seen in the x-ray. Therefore, measuring the calcaneal varus angle of axial radiography using the tibial or fibular tree as a reference is impractical. In fact, the long anatomical axis of the weight bearing bone such as the tibia is perpendicular to the joint surface.3,4 Therefore, the long calcaneus axis is also perpendicular to the joint surface of the posterior calcaneal facet. So that the varus angle of a calcaneal fracture is obtained from 90 degrees less the angle between the long anatomical axis and the joint surface of the posterior calcaneal facet. These results that the identifications of the long anatomical axis of calcaneus and the joint surface of the posterior calcaneal facet using the calcaneal body and the posterior calcaneal facet for angle measurement are impractical. Therefore, we developed a technique to represent the angle between the long calcaneus anatomical axis and the joint surface of the posterior calcaneal facet using the lateral malleolus and longitudinal bone trabeculae of the posterior calcaneal tuber as references to calculate the varus angle of the intraarticular calcaneal fracture. The study was conducted to assess the reliability of the measurement technique. The study was approved by the Institutional Review Board. On the planter surface of each foot, the MN line was drawn from the middle of the heel (M) to the middle of the base of the second toe (N). The MN line represented the long axis of the calcaneus. The volunteer placed supine on the X-ray table and the tape was placed under the heel. The foot was dorsiflexed which allows the plantar surface to be 90 degrees at the X-ray table in the frontal and sagittal planes [Figure 1a]. The X-ray tube was rotated at 40 degrees and directed towards the middle heel. Using a digital system and programmable measurement tools, Measure 1, which directly measured the angle between the long calcaneus anatomical axis and the joint surface of the posterior calcaneal facet of the axial view radiography, was performed as the control of the comparative study.3,4 The center of the posterior calcaneal tuber was identified and marked by a circle model (O) [Figure 2]. The medial calcaneal wall is between the sustentacular tali and the posterior calcaneal tuber as well as the anterior media of medial wall away from the long axis of calcaneus. Thus, the junction between the posterior medial wall and the posterior calcaneal tuber was identified and marked as line A. AB was previously drawn from A along the right medial wall and above the post-B calcaneal facet to exclude sustentacular tali [Figure 3]. The lateral calcaneal wall above the lateral calcaneal tuber was identified. Then, a point at the side wall just above the side tuber was marked as C. CD line was drawn from C and perpendicular to AB to D. Medium CD was calculated and marked as E. EOP line was drawn from E to O and ended above the calcaneal facet after P. The OP represented anatomical long axis of calcaneus.4 FG line was drawn along the posterior facet of calcaneus subchondral bone. Line FG crossed the line OP to H. Then, the OG angle was measured and recorded as an angle between the long anatomical calcaneal axis and the joint surface of the posterior calcaneal facet [Figure 3].4 Measure 2 was designed by the first and fifth authors. The posterior calcaneal tuber was blinded and seen only the lateral malleolus. The apex curve of the lateral cortex of the lateral malleolus was identified and marked as an I line. IJ was pulled perpendicular to the apex curve of the lateral cortex of the lateral malleolus to I [Figure 4]. The XY line was previously drawn parallel to the longitudinal longitudinal bone trabeculae of the posterior calcaneal tuber and the K-crossed J line and ended above the post-Y calcaneal facet. XY represented the long anatomical axis of the calcaneus [Figure 5].3 An angle (XKJ) was measured and recorded and represented the angle between the long anatomical axis of calcaneus and the joint surface of the calcaneal aspect [Figure 5]. The measurements were performed by 2 orthopaedic residents at 6-month intervals. Different degrees of the angles of measures 1 and 2, of no more than 3 degrees, were accepted. Data were analyzed for the inter-intraobserver reliability of the two measures and the consideration of the IC of more than 0.75 for strong reliability. Measures 1 and 2 were analyzed for Pearson correlation coefficient and more than 0.7 was considered to have a strong correlation.52 normal feet of 26 volunteers (17 males, 9 females) were included in the study, with age ranging from 18 to 36 years. The average angle of Measure 1 was $90.04^\circ \pm 4.00^\circ$ degrees with 95% confidence interval [CI]: 88.92° , 91.15° degrees and Measure 2 was $90.58^\circ \pm 3.78^\circ$ degrees (95% CI 89.53° , 91.63° degrees). The different average degrees of measurement 1 and 2 were $0.54^\circ \pm 2.31^\circ$ with 95% OF IC ranged from 0.10 to 1.88° degrees and accepted as no 3 degrees. Inter and intra-observer of Measures 1 and 2 were above 0.75 [Table 1]. The Pearson correlation coefficient for Measures 1 and 2 was 0.826 [Figure 6]. The angle between the long calcaneal anatomical axis and the joint surface of the posterior calcaneal facet and calcaneal body. Therefore the posterior calcaneal facet is frequently difficult to identify and the long anatomical axis of calcaneus cannot be obtained from the calcaneal body. This resulted in difficulty in measuring the angle of the calcaneus axial view radiography using the reference as tibial or fibular tree, posterior facet of the calcanea or even calcaneal body. Thus, Measure 2 was developed to better measure the angle that represented an angle between the long anatomical axis of calcaneus and the joint surface of the posterior calcaneal wedge facet of calcaneal axial radiography and advantages in calculating the varus angle of the intra-aesthetic calcaneal fracture. Measurement 2 technique used a perpendicular apex curve of lateral cortex of the lateral malleolus and posterior posterior tubercular posterior bone longitudinal trabeculae as references for the representation of the joint surface of the posterior calcaneal facet and the long calcaneus anatomical axis respectively. The reasons for the use of lateral malleolus as a reference are that the lateral malleolus can be seen in axial calcaneus view radiography especially the lateral cortex. The lateral malleolus is the end of the fibula and rotates around the same long axis of the fibular shaft during bending and extension of the ankle joint. Thus, the drawing line perpendicular to the apex curve of the lateral cortex of the lateral malleolus is also perpendicular to the joint surfaces of the talocalcaneal and posterior subtalar joint at the level of the posterior calcaneal facet.4,8 Thus, this drawing line may represent the joint surface of the posterior calcaneal facet in the event of an intraarticular calcaneal fracture. The reasons for using the longitudinal trabeculae of posterior calcaneal tubers as a reference are that the posterior calcaneal tuber is the posterior end of the calcanea and a ground contact area. The posterior calcaneal tuber can be identified in the event of an intraarticular calcaneal fracture. In addition, the direction of the longitudinal bone trabeculae of the posterior calcaneal tuber predates the posterior calcaneal facet and parallel to the long anatomical axis of the calcaneus.3 so that medial displacement of the tuber simultaneously changes the direction of the longitudinal tuber bone trabeculae and creates longitudinal bone trabeculae to the longitudinal axis of the calcaneus.3,4,5 Therefore, the identification of longitudinal trabeculae of displaced posterior calcaneal tubers a long anatomical calcaneal axis of intraarticular calcaneal fracture. The study compared measurement 2 to 1 for reliability. Measurement angle 1 was obtained from the long anatomical axis of calcaneus and the joint surface of the posterior calcaneal facet and used as a gold standard to assess the reliability of Measure 2.4 The study showed that Measure 1 and 2 had high reliability with more than 0.750 inter- and intraobserver reliability. The average of the different degrees of angles between measure 1 and 2 was 0.54° (2.31 degrees) with 95% CI of the average difference ranging from 0.10 to 1.88° degrees. The accepted range of the difference was no greater than 3 degrees. The correlation of measures 1 and 2 was analyzed statistically and showed a strong correlation between the two measures with 0.826 of the Pearson correlation coefficient. However, the accuracy of the angle measurement also requires good control of the position of the foot and the tilt of the X-ray tube. In addition, identification and drawing line perpendicular to the apex curve of the lateral cortex of the lateral malleolus. In conclusion, the study showed that the angle of measurement 2 has a high reliability to represent the angle between the long anatomical axis of the calcaneus and the joint surface of the posterior calcaneal facet using the lateral malleolus and longitudinal trabeculae bone of the posterior calcaneal tuber as references. Measure 2 benefits for assessing calcaneal varus or valgus angle of intraarticular calcaneal fracture. The levels of varus or valgus of the calcane fracture are obtained at 90 degrees minus the 2. Source of measurement angle: NilConflict of interest: None.1. Harroongroj T, Chuckpawong B, Angthong C, Nanakorn P, Sudjai N, Harroongroj T. Displaced articular calcaneus fractures: Classification and fracture scores: A preliminary study. J Med Assoc Thai. 2012;95:366–77. [PubMed] [Google Scholar] 2. Carr JB. Mechanism and pathoanatomy of intraarticular calcaneal fracture. Clin Orthop Relat Res. 1993;290:36–40. [PubMed] [Google Scholar] 3. Barak MM, Lieberman DE, Hublin JJ. A Wolff in sheep clothing: Adaptation of trabecular bones in response to changes in joint loading orientation. Bone. 2011;49:1141–51. [PubMed] [Google Scholar] 4. McGinnis PM. 2nd ed. Champaign, ILL: Human kinetics; 2005. Biomechanics of sport and exercise; 243. [Google Scholar] 5. Magee DJ. 5th ed. St. Louis: Saunders Elsevier; 2008. Orthopaedic physical evaluation; 844. Scholar] 6. Richardson ML, Van Vu M, Vincent LM, Sangeorzan BJ, Benirschke SK. CT measures the angle of calcaneal varus in normal and hind feet. J Comput Assist Tomogr. 1992;16:261–4. [PubMed] [Google Scholar] 7. Reilingh ML, Beimers L, Tuijthof GJ, Stukens SA, Maas M, van Dijk CN. X-ray rear foot alignment measurement: The long axial view is more reliable than the rear alignment view. Skeletal radiol. 2010;39:1103–8. [PMC free article] [PubMed] [Google Scholar] 8. Kohn E. New York: Hungry Minds Inc; 2001. Geometry (Cliffs Quick Review) [Google Scholar] Articles from the Indian Journal of Orthopaedics are provided here with permission from the Indian Orthopaedic Association Association